

## Best Practices

The Educational Opportunity Association (EOA) Clearinghouse defines **Best Education Practices** as the wide range of individual activities, policies, and programmatic approaches to achieve positive changes in student attitudes or **academic** behaviors. ...

Promising **education practice**: Contains detailed information describing the **practice** and how to implement it. **Good teaching practice** is a key influence on student learning - a desired outcome and primary goal of higher educational institutions. **Teachers** strive to meet the principles of **good practice** in an effort to provide the best learning experience for their students. Respecting diverse talents, and ways of learning.

### Purpose of Best Practices:

- Create a positive, safe learning environment. ...
- Understand behavioral assessment and intervention. ...
- Learn multiple techniques to reward positive behavior. ...
- Find the student's strengths. ...
- Track each student's progress. ...
- Know when it's time for evaluation.

### Introduction:

Our college is one of the most prestigious centers of learning in this district & is one of the premier educational centers in the jurisdiction of Savitribai Phule Pune University, Pune. The Institute established in 1992 (completed 28 years), run by the Shri Marutrao Ghule Patil Shikshan Sanstha, Bhende Tal. Newasa, which is well-known institute in Ahmednagar district. Its mission is to provide quality education to all by means of sheer hard work, dedication and devotion. In 2004 the college was accredited with "B" Grade with 72% score in first cycle of NAAC. In second cycle 2011 college accredited "A" grade with CGPA 3.01, and in 2018 college was accredited "B+" grade for third cycle with CGPA 2.72 status by NAAC, Bangalore. The college is awarded as a "Best College" from rural area in 2010-11 from Savitribai Phule University, Pune.

The President of education society Honorable Dr. Shri. Naredra Ghiule Patil, Ex-MLA was honored from Savitribai Phule University, Pune. College Ex Principal Dr. B. J. Apparao has awarded as a "Best Principal" from the Savitribai Phule University, Pune.

Our institute is encouraged the teacher and students for their academic growth, with all the amenities of education, research and extra-curricular activities. The motto of our institute is "*Vidya Vinayen Shobhate*". Its meaning is "*Humility Comes from Education*". To achieve this Moto college is abide each and every plan must be chalked out for students. The college always concentrates on students' qualitative performance along with their overall personality development. The college motivates girls and boys for their social responsibilities. Various gender sensitization programs are organized by different committees in the college to bring out the overall development of girls and boys and thereby to mold a better society with equality.

Every year health camp is organized for students. It has been carried out in collaboration with local doctors. A free check-up camp has been organized by our college and doctors of various specializations were invited for consultation.

- ❖ **Discipline Committee** Every year college forms Discipline Committee for maintaining Discipline in the campus.
- ❖ The **Vishakha** Guidelines were a set of procedural guidelines for use in India in cases of sexual harassment. The college enthusiastically provides student oriented schemes for their upliftment and empowerment.
- ❖ The **Earn and Learn Scheme** was started for economically weak students. The selection is made through proper procedure- inviting applications- scrutinizing them - and interview. The payment is given as per clock hour basis.
- ❖ **Gymkhana:-** Even though ours' is a traditional college, students' career needs are looked by training and placement cell. Students are equipped with those skills which are necessary for them to be competent in global market. Gymkhana department is very active.

It motivates students to participate in various indoor and outdoor games. Yoga training is given to students and teachers every year.

- ❖ **Library:-** Reading festivals and book exhibitions are arranged under the initiative of the library.

### **Unique features of the college.**

- In every year we are Published "*Dyanstambh*" magazine with contribution of student's literature.
- Fund collection activity from ex-students.
- Cultural programs arranged for the exposer to the students.
- Medical policy for Students
- Institute started Basic Advance Course in College.

# Best Practices in the college

## 1. Gender Sensitization

Gender Sensitization is a basic requirement to understand the sensitive needs of a particular gender. It helps us to examine our personal attitudes and beliefs and question the 'realities' that we thought we know. Why gender equality is important to economic development? Sustainable development relies on ending discrimination toward women and providing equal opportunities for education and employment. Gender equality has been conclusively shown to stimulate economic growth, which is crucial for developing countries. Gender sensitization presides over gender sensitivity, the modification of behavior by raising awareness of gender equality concerns. This can be achieved by conducting various sensitization campaigns, training centers, workshop, programs etc. In our college the Gender Audit tries to assess the impact of its current and proposed policies on gender equality and gender sensitization. Observing the gender equality, the girls are provided with various facilities and special attentions.

The objective is not only the equality and empowerment of male and female but transgender also. It also aims to provide a harmonious and fertile environment for all students to excel physically, mentally, intellectually and emotionally upholding ethics and values. It is necessary to change their perspective about gender and create safe and secure environment where all three genders coexist harmoniously.

### Goal

Gender mainstreaming wants to contribute towards a gender-sensitive society where agreement between individuals, united around common goal, opportunities and responsibilities are shared by women and men in equal measure.

### Objectives

- To establish good gender balance in decision-making processes in all areas of the college activities.
- To suggest measures for bridging the gender gap.
- To implement the human values regarding the third gender.

- To inculcate the awareness among the students about the equality of the gender

### **The Practice**

Special study room, stair-case, two-wheeler parking, Separate Circulation Counters, Reading Rooms, Ladies Room, Washroom Facility, Sanitary Napkin Vending Machine are provided for the girls. They are also given self-defense trainings by physical education department. Our college has Anti- Ragging and Discipline Committee, Vishakha Committee and Anti-sexual Harassment Cell. The girl students are provided opportunities to express themselves under Women Development Cell, *Jijamata Vidyarthini Manch* and Girls Forum through these conduct the activities like *Nirbhay Kanya Abhiyan*, *Swayam siddha* Training, *Beti Bachav*, Self Defense and Yoga. Meditation Camps are also organized for students. The lectures of eminent personalities are held on various topics to develop their personalities.

Various gender sensitization programs are organized by different committees in the college to bring out the overall development of girls and boys and thereby to mold a better society with equality. The Institute has taken initiatives to make awareness among the society about the Gender Equality, Gender Sensitization, etc.

### **Book Exhibition on "Gender Sensitization" 23<sup>rd</sup> April 2019**

On the occasion of "World Book Day" the college library has organized book Exhibition.





Reading Day (वाचन प्रेरणा दिन) in Library Reading Hall "World Book Day"

### Evidence of Success

Gender sensitizing programme brought the change in behavior and instilling understanding the thoughts and the views that we hold about our own and the other genders." It helps people in "examining their personal attitudes and beliefs and questioning the 'realities' they thought they know.

### Gender Equality:

Title of the programme	Period (from-to)	Participants	
		Female	Male
<i>Celebration of International Yoga Day</i>	21/06/ 2020	68	102
Free Medical check-up camp	20/10/ 2020 to 24 /10/ 2020	415	246
<i>Celebration of Savitribai Phule Jayanti</i>	03/01/ 2021	145	175
Workshop on 'Gender Sensitization'	07/03/2021	30	28
<i>Celebration of International Woman's Day</i>	08/03/ 2021	150	--

## 2. Health Consciousness

*Health isn't everything, but without health everything is nothing.* The saying itself tells us that health consciousness is an integral part of Human lives. Keeping in mind this the college has decided to run one of the best practices that will concentrate on developing the positive attitude about health consciousness among the faculty as well as students. The Best Practice, Health Consciousness, Blending of physical and mental together will also help in inculcating the spiritual values among the students.

### Goals

Health Consciousness, includes not only the physical health but also the mental health of the students

### Objective

- To focus on academic excellence of students, teachers and other employees
- To build positive attitude and pure thoughts in human beings
- To build self-esteem and boost the self-confidence
- To motivate the students and employees to live stress free life
- To develop sense of interpersonal relations
- Improve physical, mental and social health
- To sustain the body physiology To develop neuro -muscle system in students' body
- To develop the concentration level of students
- To improve students' academic performance by raising their level of energy, focus and concentration

### The Practice

For making students aware about their physical problems the college has developed a well-equipped gymnasium. There are separate schedules for the faculty, Boy students and girl students. The physical fitness camps are organized by the college to make students aware of their endurance power, agility, body strength and other issues related to their physical fitness. Taking into consideration the inner part of the body the college also uses the practice of *Shuddhikriyato* keep the students healthy and fresh.



One of the outstanding activities included in this practice is that the college organizes self- defense programme for girl students. International Judo and Wrestling player Anjali Devkar trained girl students. It helps to boost the confidence level of the students.



दहिगाव-ने : घुल पाटील महाविद्यालयाच्या आवारात विद्यार्थिनींसमवेत वृक्षारोपण करताना बचतगटाच्या नेत्या राजश्री घुल व अंजली देवकर.



भंडे : स्वसंरक्षणाची शपथ घेताना ज्ञानेश्वर कारखाना शैक्षणिक संकुलाच्या विद्यार्थिनी.



# महिलांना आरक्षणापेक्षा संरक्षण महत्त्वाचे



अंजली देवकर; चंद्रशेखर घुले यांच्या वाढदिवसानिमित्त राजकीय डामडौल टाळून विद्यार्थिनींना स्वसंरक्षणाचे धडे



चंद्रशेखर घुले यांच्या वाढदिवसानिमित्त राजकीय डामडौल टाळून विद्यार्थिनींना स्वसंरक्षणाचे धडे देत असताना. (अंजली देवकर)

महिलांना आरक्षणापेक्षा संरक्षण महत्त्वाचे, असे राजकीय डामडौल टाळून विद्यार्थिनींना स्वसंरक्षणाचे धडे देत असताना. (अंजली देवकर)

The NSS unit of the college organizes various activities for Health Consciousness like blood donation camp, Hemoglobin check-up camp, and Medical check-up as well as participate in various health related rallies.

Every year the college organizes Yoga training programs, personality development programs for the students of various faculties. Every year World Yoga Day is celebrated under Health Consciousness Practice in which faculty members as well as students participate in a large number. In the collaboration of Art of Living Foundation, Newasa unit; college jointly organized Basic Yoga Course for students and faculties.



## **Evidence of Success**

Knowledge of the interconnections between the body, the breath, the mind, and the emotions in the context of maintaining resilience and well-being. Advanced knowledge of diverse Yoga Therapy tools and practices and their appropriate application, with practices that may include asana or postures, pranayama (or regulated breathing) meditation and relaxation techniques, and lifestyle modifications, including basic yogic dietary concepts; and the knowledge of when to apply these practices and when they are contraindicated Knowledge of the fundamental value of ongoing personal practice, long- term mentorship, and skills maintenance/development through continuing education, including knowledge of when and how to seek advice and support for case consultation, educational advancement, and personal practice